

Dear participants of the Raft Guide Training Course,

We are pleased that you have decided to register for an education with our association..

Here are the main important points for you to read through:

- Training: the course takes place Monday to Friday all day (from about 08:00 hrs to a maximum of 19:00 hrs). Start of the training course is Monday, 08:00 hrs, meeting point feel free.
- □ **50 hours** of rafting practice will be confirmed for the completion of the training course.

Students must attend 100% of the course to receive their rafting practice confirmation. A minimum of 60 hours of rafting practice is required for the IRF guide exam.

Fee includes: Training Course, Tyrolean Rafting Course Book (english), no Rafting Equipment for the course dates. (This can be rented for a fee at feel free or faszinatour).

Please bring along:

• warm clothing for the outdoor lectures, possibly ski underwear / thin fleece clothing (can be worn as a warming layer under the neoprene suit)

• shower stuff (towel, etc), writing utensils,

• 2 screw karabiners and 2 bits of rope for knot training (1,50m / 8 to 10mm thickness),

• 1 sling (25mm width) 3.50m long or a rope length (8mm or thicker) 3.50m long for use as a "Flip line" in training

• good fitness

Whitewater experience: e.g. kayaking or rafting, the ability to climb into a raft unaided (5/2 pull ups (m/f) and 10/5 push ups (m/f) minimum), the ability to swim in whitewater (strong swimmer who can dive underwater) and can tie simple knots (figure8, bowline, clovehitch etc.).

• your own whitewater equipment can be brought along and used during the course (whitewater PFD etc.).

- a download of the Tirolian Guide manual, either on an electronic device or printed out. Available to download in various formats on our website.
- Payment of the course fee: Course registration is completed by paying the course fee. Participation in the course is only binding when the course fee has been paid. The course fee has to be paid to the account of the Tiroler Raftingverband IBAN AT42 2050 2000 0084 9307.
- Arrival: All courses take place in the village of Haiming, Tirol. Drive through the village direction Inn, Training Course at Feelfree Magerbach (over the bridge), or at Faszinatour Alte Bundesstr. 26. See course dates for course location.
- □ **Parking:** Please do not park directly in front of Faszinatour / feelfree. Cars can park at Faszinatour's parking lot as well as at Gasthof Traube (Faszinatour).
- □ **Camping:** please do not camp anywhere other than campsites. Wild camping is illegal in Tirol and you can receive a large fine. Absolute parking ban for motorhomes at Faszinatour's parking!
- □ Accommodation: you can find all accommodation available in the region on the following websites: <u>www.oetztal.com</u> und <u>www.imst.at</u>

Raft guide exam:

The following paperwork must be brought to the exam in order to take part:

• Original Logbook and copy with at least 30runs/60hours on at least grade 3 whitewater. Including dates and confirmation from your company or training course provider.

• Original First aid course certificate and copy, minimum 8 hour course, not older than 3 years.

We wish you every success with your guide training!

The team of the Tyrolean Rafting Association

www.tiroler-raftingverband.at